



Rempstone Long

A short ride around Rempstone Forest starting with a two mile climb on loose tracks followed by a two mile decent on twisting and technical single-track with smooth forest tracks in Rempstone Forest and finishing the ride around the edge of Poole Harbour.

Distance: 10 miles
Ascent: 200m (approx)
Start Point: Start on the Ferry Road between the Sandbanks Ferry and Studland village on corner with bus stop on Poole Harbour side. Parking is available in National Trust car parks near the ferry and in Studland village.
Coordinates: Latitude: 50.65870° N, Longitude: -1.96526° W **(OS)** SZ 0255384337

Safety Tips: Stay on marked paths, especially near cliff edges. Wear suitable clothing and headwear, paths can be uneven and slippery. Keep children and dogs under close supervision near the cliffs. Check the weather forecast before your ride. Mobile phone coverage can be patchy along the coast.

Directions

1. Start of ride

Lat, long: 50.65870, -1.96526 - OS: SZ 02552 84337

Start on the Ferry Road between the Sandbanks Ferry and Studland village on corner with bus stop on Poole Harbour side. SZ 0255384337 N50 39.522 W1 57.915 Parking spaces are available on the side of the road and in the National Trust car parks in Studland or next to the chain ferry. Go through the small gate on the left side of the rough track and follow the rough track up and across the heathland with Agglestone rock ahead.

2. Y Junction

Lat, long: 50.64969, -1.96635 - OS: SZ 02476 83334

Go straight ahead and follow rough track across the heathland which bears right.

3. Crossroads

Lat, long: 50.64917, -1.96666 - OS: SZ 02454 83276

Go across the track and follow rough track across the heathland which bears right.

4. T Junction

Lat, long: 50.64214, -1.97409 - OS: SZ 01928 82495

Turn left and follow track up slope to T Junction with double wooden gate on your right.

5. T Junction and Gates

Lat, long: 50.64176, -1.97187 - OS: SZ 02085 82453

Turn right at the junction and go through the double wooden gates and follow the narrow bridleway up the hill towards the golf course.

6. Junction**Lat, long: 50.63934, -1.97494 - OS: SZ 01869 82183**

Turn right following bridleway signs until you come to a T junction on your right with a stone marker sign on the right side.

7. T junction**Lat, long: 50.63860, -1.97615 - OS: SZ 01783 82101**

Turn right and follow narrow singletrack down across the heathland

8. T Junction**Lat, long: 50.63869, -1.97748 - OS: SZ 01689 82112**

Go straight ahead at T junction and follow the narrow singletrack to the left down across the heathland with the golf course to your left side. The track can be muddy in winter and has a lot of tight twisting turns and technical sections.

9. Golf course road**Lat, long: 50.63802, -1.98088 - OS: SZ 01448 82037**

Go straight ahead at the small cross roads onto the narrow track and continue along the narrow singletrack down across the heathland.

10. Bridleway Split**Lat, long: 50.64286, -1.98669 - OS: SZ 01038 82575**

Take the left side of the bridleway when it splits into two tracks.

11. Bridleway Junction**Lat, long: 50.64474, -1.98911 - OS: SZ 00866 82784**

Continue on the left track at Y junction on the bridleway.

12. Wooden Gate**Lat, long: 50.64495, -1.99347 - OS: SZ 00558 82807**

Go straight ahead at the wooden gate and continue to next gate.

13. Gate and Franks Tank**Lat, long: 50.64520, -1.99503 - OS: SZ 00448 82835**

Go through the gate next to a large metal tank with Franks Tank painted on the end and follow the track straight ahead along the edge of the trees until you come the second T junction with a track on your right with a bridleway sign.

14. T Junction**Lat, long: 50.64700, -2.00314 - OS: SY 99875 83035**

Turn right and follow the bridleway track along a straight level track until you come to a cross roads with a tarmac road.

15. Cross Roads**Lat, long: 50.65994, -1.99928 - OS: SZ 00147 84474**

Go through the gate and turn left onto the tarmac road. Continue along the road until you come to a cross roads with a rough track straight ahead.

16. Cross Roads**Lat, long: 50.65609, -2.00965 - OS: SY 99414 84046**

Continue straight ahead onto the rough track and follow the track until you come to a metal gate.

17. Metal Gate**Lat, long: 50.65147, -2.02836 - OS: SY 98091 83532**

Continue straight ahead at the gate and follow the track until you come to a T junction with a tarmac road.

18. Road Junction**Lat, long: 50.65146, -2.03447 - OS: SY 97659 83531**

Turn right onto the road and continue until next junction on your right.

19. T Junction**Lat, long: 50.65381, -2.03275 - OS: SY 97781 83793**

Turn right and follow the road past the farm and houses until you come to a metal gate straight ahead.

20. Metal Gate**Lat, long: 50.65557, -2.02687 - OS: SY 98197 83988**

Continue straight ahead at the metal gate onto forest track.

21. T Junction**Lat, long: 50.65661, -2.02417 - OS: SY 98387 84104**

Continue straight ahead at the T junction and follow sandy and gravel track through the forest until you come to a cross roads with a tarmac road.

22. Cross Road**Lat, long: 50.66269, -2.01209 - OS: SY 99241 84779**

Continue straight across the road onto the forest track and follow the track until you come to a T junction with a gate on the right side.

23. T junction**Lat, long: 50.66720, -2.00535 - OS: SY 99718 85282**

Continue straight ahead up small slope until you come to a gate on the right side.

24. Wooden Gate**Lat, long: 50.66770, -2.00446 - OS: SY 99781 85337**

Turn right and go through the gate and then left following the track across the field. The track follows the edge of the field until you come to a gate next to a cottage and trees.

25. Gate and Cottage**Lat, long: 50.66487, -1.99555 - OS: SZ 00411 85022**

Go through the gate and turn left and follow track to next T Junction.

26. T Junction**Lat, long: 50.66488, -1.99402 - OS: SZ 00519 85023**

Turn right at the junction and follow the track up a small hill to the tarmac road.

27. T Junction and Road**Lat, long: 50.66345, -1.98973 - OS: SZ 00822 84865**

Turn left onto the tarmac road and continue along the road until you come to a Y junction with a rough track on the right side.

28. Y Junction**Lat, long: 50.66348, -1.98628 - OS: SZ 01066 84867**

Turn right at the T junction and follow the rough track down a small hill and along the edge of the forest.

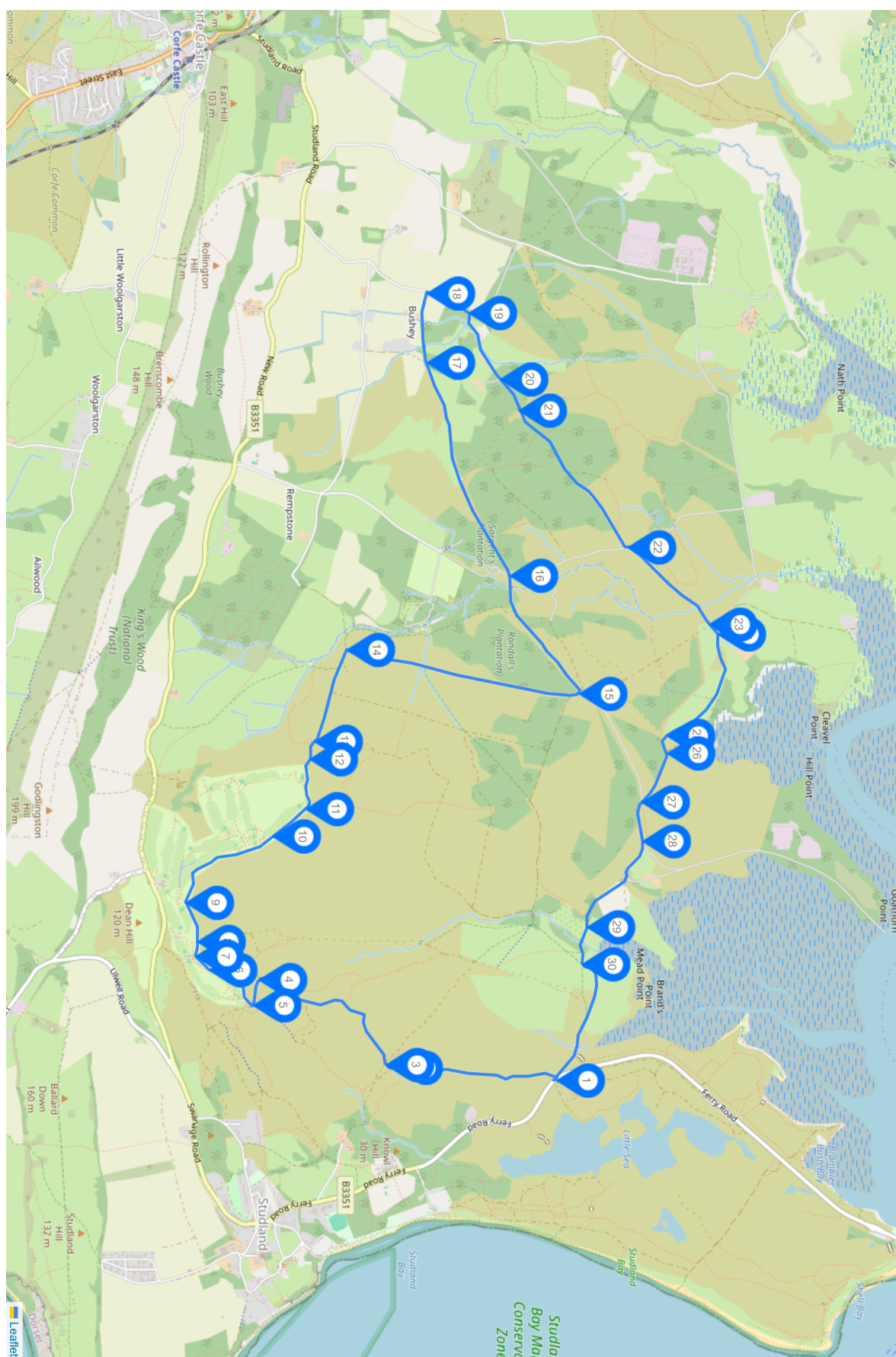
29. Gate**Lat, long: 50.66037, -1.97876 - OS: SZ 01598 84522**

Continue straight ahead at the gate and down hill over a small bridge and follow the track up the hill until you come to a T junction with a gate on the right side.

30. T Junction**Lat, long: 50.66015, -1.97550 - OS: SZ 01828 84497**

Turn left at the T junction and follow the track back to the Ferry road and start of the ride.

Route Map:



Map data from OpenStreetMap.

For more cycling routes visit www.virtual-swanage.co.uk/cycle